

FREE GUIDE · 2026/27 RATES

Attendance Allowance for British Expats in the EU

If you moved to Spain, France, Portugal, Cyprus, Malta or another EU country before Brexit, you may still be entitled to a UK benefit worth up to **£5,959 a year** — tax-free, non-means-tested, and often missed entirely. This guide explains who qualifies and how to claim it.

1 The Legal Basis — The Withdrawal Agreement

Under the **UK-EU Withdrawal Agreement**, British nationals who had already established residency in an EU/EEA country before the end of the Brexit transition period retain the right to claim certain UK benefits — including Attendance Allowance — even while living abroad.

Key date: you must have established your EU/EEA residency before **31 December 2020** to be covered by the Withdrawal Agreement. Moved after that date? Different rules apply under the Trade and Cooperation Agreement, and we can advise you on where you stand.

2 What Is Attendance Allowance?

Attendance Allowance is a UK government benefit for people aged **65 or over** who need help with personal care or supervision due to illness or disability. Crucially, it is **not means-tested** — your savings, pension and property make no difference — and it is completely **tax-free**.

LOWER RATE

£76.70

per week · £3,988 a year
Help needed by day *or* by night

HIGHER RATE

£114.60

per week · £5,959 a year
Help needed by day *and* by night

3 Do You Qualify?

- ✓ **Aged 65 or over**
- ✓ **Previously lived or worked in the UK** at some point
- ✓ A physical or mental **health condition** affecting daily life
- ✓ **EU/EEA residency** established before 31 Dec 2020
- ✓ **No National Insurance** record required — AA is non-contributory
- ✓ Need **help or supervision** for 6 months or more

4 How We Help

- **Free eligibility check** — a short call or message confirms whether you meet the basic criteria. No cost, no obligation.
- **No paperwork to sign** — we agree everything verbally on a recorded call. No Letter of Authority, no power of attorney.
- **We complete and submit your application** directly through the DWP's online Attendance Allowance service, describing your care needs in the strongest possible way.
- **We chase your claim** with the DWP until a decision is made — most claims take 8–12 weeks.

No Win, No Fee Nothing to pay upfront, and nothing at all if your claim isn't successful.

FREE ELIGIBILITY CHECK

REGISTERED WITH ICO

SPECIALIST ADVICE